



# SUPREME COURT BASKETBALL

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## 2014-15 EAST SUPREME FAQ

### • **Mission:**

- The mission of Supreme Court Basketball and the East Supreme youth basketball program is to provide students across the city of Lincoln with an opportunity to play basketball and combine fundamental development with an opportunity to play on competitive teams. It is our goal to provide these students with a positive experience through basketball while also emphasizing character, discipline, team work, and the many other traits needed to be successful in all aspects of life.

### • **2014-15 Cost:**

- **3<sup>rd</sup> Grade - \$235**
  - This includes entry into the YMCA League, jersey rental, and the additional practice time teams receive through this program. Tournaments are not included in this price and whether or not these teams will play in tournaments will depend upon the willingness of the coaches and parents of each team to do so.
- **4<sup>th</sup> – 8<sup>th</sup> Grades - \$385**
  - This includes entry into the YMCA Spirit League, 5 tournaments, jersey rental, and the additional practice time teams receive through this program. The only additional cost with this group will come if the coaches and parents of each team decide that they would like to attend a 6<sup>th</sup> tournament.

### • **Practice Time:**

- We will get two hours of practice time through the YMCA each week. At least ten times during the year, a highly qualified coach will lead the players through the early portion of practice and focus on fundamental development. From that time, each coach will have an opportunity to work with his team and lead them into scrimmage situations against other groups. We will also be reserving practice time at other schools so each team has an option to practice on another night or two during the week. Practices will begin for these teams in late October and a schedule will be coming out in the fall

### • **Clinics:**

- Prior to the season clinics will be offered through Supreme Court Basketball at Lincoln East High School that will focus strictly on fundamental development for each player. Each clinic is 45 minutes in length and a group of six 45 minute sessions will cost only \$45 additional dollars. These clinics are **highly** recommended to further your child's fundamental development.

### • **Lincoln East Coaches Involvement:**

- The coaches at East will be involved with our program as their schedule allows. They will attempt to attend practices before their season begins in mid-November and will be very hands-on when they do so. The East staff and Supreme Court Basketball will also host opportunities for each youth coach to further their basketball education. During this time the East High coaches will teach our youth coaches how to organize a practice so they can develop the players in the Lincoln East system, which should provide a competitive advantage for those players involved in the East Supreme program. They will also be available to answer any questions that our youth coaches may have.

### • **Team Coaches:**

- It is our belief that parents and young students getting into coaching make the best coaches of these young players as they take a vested interest in the development of each child. As stated above, the East coaches will host "coach the coaches" sessions to aid the development of the parents and young men or women that are coaching in our program. If you have an interest in coaching in our program please contact me at your earliest convenience.

### • **Going Forward:**

- It is important for us to point out that the staff at Lincoln East High School will not have any say regarding who makes our East Supreme basketball teams and that making an East Supreme team does not guarantee that a player will make a team at Lincoln East High School in the future. Although the East coaches will be involved as their schedule allows, this is a separate entity from the Lincoln East basketball program.

### • **Tryouts**

- We will be having tryouts for students **currently** in 3<sup>rd</sup> – 7<sup>th</sup> grade interested in our East Supreme boys youth basketball program on March 26<sup>th</sup> and March 31<sup>st</sup> from 6:00 – 9:00pm at Lincoln East High School. From 6:00 – 7:30 our 3<sup>rd</sup> – 5<sup>th</sup> graders will attend the tryout and from 7:30 – 9:00 the 6<sup>th</sup> – 7<sup>th</sup> graders will be trying out. Teams will be announced via email within the next few days following tryouts and these teams will be playing together during the 2014-15 basketball season, starting in October of 2014. Please contact me at [supremecourtbb@gmail.com](mailto:supremecourtbb@gmail.com) if you have any further questions.